#### LMU's STUDENT HEALTH INSURANCE POLICY

Lincoln Memorial University requires all **Physician Assistant Students** to carry personal health insurance. **Your student account will automatically be charged for this insurance coverage**. If you are currently covered by comparable health insurance through the end of the academic year, you may be able to **waive automatic enrollment** in the plan. The plan start and end dates are NOT flexible. You MUST be registered for the semester to submit a waiver. The waiver process can take a few business days to complete once submitted.

UnitedHealthcare StudentResources will administer the Lincoln Memorial University student injury and sickness insurance plan. Below are some ways to better understand your benefits, find care options, manage costs, and get more out of your health plan. You are required to take action. Your student account charge will not be removed if you do not apply for and receive an approved waiver by the close of the waiver period.

### Waiver – YOU MUST BE REGISTERED IN YOUR CLASSES TO COMPLETE A WAIVER

If you are currently covered by comparable health insurance through the end of the academic year, apply for your waiver of automatic enrollment by going to <a href="https://studentcenter.uhcsr.com/lmunet">https://studentcenter.uhcsr.com/lmunet</a>. You must use the **leading zero** of your LMU Student I.D. Number.

\*\*If you are experiencing trouble submitting a waiver from a safari browser or a mobile device, please switch browsers or use a PC. \*\*

# Waiver charge removal -

If you received an approved waiver of automatic enrollment, the charge to your student account will be manually removed after the closing date of the waiver period. The charge will not be removed if you do not apply for and receive a waiver.

<u>Plan start and end dates</u> – Plan start and end dates are not flexible. Your current insurance must be effective throughout the entire academic year. Students are not able to cancel the plan or enroll in the plan once the waiver/enrollment period closes.

### Understand your benefits.

You can find your insurance Certificate of Coverage and other helpful information regarding the available services or general health information online at <a href="https://www.uhcsr.com/lmunet">www.uhcsr.com/lmunet</a>.

### Activate your My Account.

Once enrolled: When managing your health plan, <a href="www.uhcsr.com/myaccount">www.uhcsr.com/myaccount</a> lets you see what's covered, manage costs, and so much more. Members must create their My Account login to help everyone get the most from their plan. Use My Account to:

- Download your ID card
- Access claims information
- See messages sent to you

• See what benefits are available to you

## Download the UnitedHealthcare StudentResources (UHCSR) app.

The UHCSR app puts your health plan at your fingertips. Download it to:

- View and share your ID card as needed Insurance
- Find nearby care options in your network
- See your claim details
- Connect with HealthiestYou to make a virtual medical or mental health appointment

# Simple ways to save.

Stay in the network. The doctors and facilities in the network may have agreed to provide services at a negotiated rate - so staying in the network makes sense, especially when visiting an out-of-network provider could cost you more for care. Sign into My Account > Find Medical Provider/Estimate cost OR Find Mental Health Resources to locate:

- Labs
- Hospitals
- Mental health professionals
- Network doctors

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