

Freshman Year – Fall	Cr.
UACT 100 Strategies for College Success ^a	1
ENGL 101 Composition I ^a	3
PRS 185 Freshman Seminar in Rehab Science ^b	1
BIOL 111 General Biology I & Lab ^{a,c}	4
Prerequisite: C- or better BIOL 100, placement in ENGL 101 or ACT reading score of ≥ 23	
CHEM 111 General Chemistry I & Lab ^c	4
Prerequisite: C- or better MATH 105, 115, 120 or Math ACT of ≥ 23	
ISYS 100 Computer Literacy ^a	2
Total Credits	15

Freshman Year – Spring	Cr.
PSYC 100 Intro to Psychology ^{a,c}	3
MATH Requirement ^a	3
Note: MATH 120 is pre-req for PHYS 211	
LNCN 100 Lincoln's Life & Legacy ^a	1
BIOL 112 General Biology II & Lab ^{a,c}	4
Prerequisite: C or better BIOL 111 w/lab	
CHEM 112 General Chemistry II & Lab ^c	4
Prerequisite: C- or better CHEM 111 w/ lab	
PRS 285 Sophomore Seminar in Rehab Science ^b	1
Total Credits	16

Sophomore Year – Fall	Cr.
PEXS 265 Injury Prevention & Emergency Management ^b	3
PSYC 221 Child & Adolescent Development ^{a,c}	3
ENGL 102 Composition II ^a	3
Fine Arts Requirement ^a	3
BIOL 310 Comparative Vertebrate Anatomy & Lab ^c	4
Prerequisite: C- or better BIOL 111 & 112 w/lab and CHEM 111 & 112 w/lab	
Total Credits	16

Sophomore Year – Spring	Cr.
MATH 270 Probability & Statistics ^c	3
Prerequisite: C- or better MATH 110, 115 or MATH ACT ≥ 23	
HIST Requirement ^a	3
PEXS 372 Kinesiology & Biomechanics ^b	3
AHSC 300 Medical Terminology ^c	3
BIOL 365 General Physiology & Lab ^c	4
Prerequisite: C- or better BIOL 311 or BIOL 310	
PRS 385 Principles of Teaching & Learning ^b	1
Total Credits	17

Junior Year – Fall	Cr.
PEXS 300 Exercise Physiology I ^b	3
PEXS 303 Application of Exercise Physiology I ^b	1
Prerequisite: C or better BIOL 112 w/lab	
PHYS 211 Physics I & Lab ^c	4
Prerequisite: C- or better MATH 120 or Math ACT of ≥ 26	
HIST Requirement ^a	3
ENGL 240 or 250 ^a	3
COMM 200 Fundamentals of Speech Communication ^a	3
Total Credits	17

Junior Year – Spring	Cr.
PEXS 435 Exercise Prescription ^b	3
PEXS 493A Practicum in Exercise Science ^b	3
HLTH 120 Safety, First Aid & CPR ^b	2
PHYS 212 Physics II & Lab ^c	4
Prerequisite: C- or better PHYS 211 w/lab	
PHIL 430 Medical Ethics ^{a,c}	3
CIVX 300 American Civics ^a	2
Prerequisite: LNCN 100	
Total Credits	17

Senior Year – Fall	Cr.
PEXS 434 Foundations & Administration ^b	3
PEXS 444 Advanced Sports Emergency Care ^b	3
PEXS 474 Injury Evaluation of Extremities ^b	3
PEXS 476 Evidence Based Practice ^b	3
Total Credits	12

Senior Year – Spring	Cr.
PEXS 487 Therapeutic Modalities ^b	3
PEXS 488 Rehab & Therapeutic Exercise ^b	3
PEXS 494 General Medical Considerations ^b	3
PEXS 497 Senior Seminar ^b	3
Total Credits	12

a = LMU BS Core Curriculum Requirement. See LMU Undergraduate catalog for details
 b = Major/Collateral Requirement. See LMU Undergraduate catalog for specific details
 c = Collateral Requirement. See LMU Undergraduate catalog for specific details
 **Students must earn a grade of C or better in all PEXS, PRS, and HLTH prefixed courses

Students that meet the following academic criteria may be eligible for the 3+3 degree completion option
 High school GPA ≥ 3.2 on a 4.0 scale
 Math ACT ≥ 21, Reading ACT ≥ 23, or SAT score of 1100
 Additional details are available on the LMU GPA Program website: https://www.lmunet.edu/news/main/gpa_pathways.php



Exercise & Rehabilitation Science
Bachelor of Science
Four-Year Curriculum Plan
122 Credit Hours

This is a four-year plan of study for freshmen entering LMU fall 2021. This plan is to be used in conjunction with the university catalog and advice of faculty advisors.

Prerequisite course requirements vary by professional degree program. The student should research requirements and ensuring all requirements are met.

Additional prerequisite courses	Cr.

Professional School Options

The student should research admission criteria for all professional schools being considered.

School	Additional Prerequisites Additional physics or biochemistry class, ethics, etc.	Other Requirements Observation hours, separate application, GRE, etc.