

Exercise & Rehabilitation Science Bachelor of Science Four-Year Curriculum Plan 122 Credit Hours

This is a four-year plan of study for freshmen entering LMU in the Fall. This plan is to be used in conjunction with the university catalog and advice of faculty advisors.

Cr.	Freshman Year – Spring	Cr.
1	PSYC 100 Intro to Psychology	
3	MATH Requirement Note: MATH 120 is pre-reg for PHYS 211	
3	LNCN 100 Lincoln's Life & Legacy	1
4	BIOL 112 General Biology II & Lab Prerequisite: C or better BIOL 111 w/lab	
4	CHEM 112 General Chemistry II & Lab Prerequisite: C- or better CHEM 111 w/lab PRS 185 Freshman Seminar in Rehab Science	4
15	Total Credits	16
Cr.	Sophomore Year – Spring	Cr.
3	MATH 270 Probability & Statistics Prerequisite: C- or better MATH 110, 115 or MATH ACT ≥ 23	
3	HIST Requirement	
3	PEXS 372 Kinesiology & Biomechanics	
3	AHSC 300 Medical Terminology	
4	BIOL 262 Human A&P II & Lab	4
	PRS 285 Sophomore Seminar in Rehab Science	1
16	Total Credits	17
Cr.	Junior Year – Spring	Cr.
3		3
1	PEXS 493A Practicum in Exercise Science	
	HLTH 120 Safety, First Aid & CPR	2
4	PHYS 212 Physics II & Lab 4	
3	·	
3	Prerequisite: LNCN 100	
3		
17	Total Credits	17
Cr.	Senior Year – Spring	Cr.
3	PEXS 487 Therapeutic Modalities	3
3	1 LN3 407 Therapeutic Modalities	
	1 3 3 4 4 4 15 Cr. 3 3 3 4 16 Cr. 3 1 4 3 3 17 Cr.	1 PSYC 100 Intro to Psychology 3 MATH Requirement Note: MATH 120 is pre-req for PHYS 211 3 LNCN 100 Lincoln's Life & Legacy 4 BIOL 112 General Biology II & Lab Prerequisite: C-or better BIOL 111 w/lab 4 CHEM 112 General Chemistry II & Lab Prerequisite: C-or better CHEM 111 w/lab PRS 185 Freshman Seminar in Rehab Science 15 Total Credits Cr. Sophomore Year - Spring 3 MATH 270 Probability & Statistics Prerequisite: C-or better MATH 110, 115 or MATH ACT ≥ 23 HIST Requirement 3 PEXS 372 Kinesiology & Biomechanics 3 AHSC 300 Medical Terminology 4 BIOL 262 Human A&P II & Lab PRS 285 Sophomore Seminar in Rehab Science 16 Total Credits Cr. Junior Year - Spring 3 PEXS 435 Exercise Prescription 1 PEXS 493A Practicum in Exercise Science HLTH 120 Safety, First Aid & CPR 4 PHYS 212 Physics II & Lab Prerequisite: C- or better PHYS 211 w/lab 3 PHIL 430 Medical Ethics CIVX 300 American Civics Prerequisite: LNCN 100 Total Credits Cr. Senior Year - Spring

Students that meet the following academic criteria may be eligible for the 3+3 degree completion option High school GPA ≥ 3.2 on a 4.0 scale

Total Credits

Math ACT ≥ 21, Reading ACT ≥ 23, or SAT score of 1100

PEXS 474 Injury Evaluation of Extremities

PEXS 476 Evidence Based Practice

Additional details are available on the LMU GPA Program website: https://www.lmunet.edu/undergraduate-admissions/lmu-gpa-program

3

3

PEXS 494 General Medical Considerations

PEXS 497 Senior Seminar

3

3

Total Credits

^{**}Students must earn a grade of C or better in all PEXS, PRS, and HLTH prefixed courses



Exercise & Rehabilitation Science Bachelor of Science Four-Year Curriculum Plan 122 Credit Hours

This is a four-year plan of study for freshmen entering LMU in the Fall. This plan is to be used in conjunction with the university catalog and advice of faculty advisors.

Prerequisite course requirements vary by professional degree program. The student should research requirements and ensuring all requirements are met.		
Additional prerequisite courses	Cr.	

Professional School Options The student should research admission criteria for all professional schools being considered.					
School	Additional Prerequisites Additional physics or biochemistry class, ethics, etc.	Other Requirements Observation hours, separate application, GRE, etc.			