

Compromised Password

- If you think your password has been compromised, please contact the IS Help Desk at 423-869-7411 immediately to have a technician reset your password
- Once the technician has reset your password, they will direct you to use the procedure listed below to setup a new password

Reset Password

- The user will need to open a web browser and navigate to <https://passwordreset.microsoftonline.com>
- The user will need to enter either their LMU email address and complete the challenge question before clicking the Next button

Microsoft

Get back into your account

Who are you?

To recover your account, begin by entering your email or username and the characters in the picture or audio below.

Email or Username: *

Example: user@contoso.onmicrosoft.com or user@contoso.com



Enter the characters in the picture or the words in the audio. *

Next

Cancel

- The user will need to select either alternate email, text mobile phone, or call mobile phone to verify their account

- If the user selected “Text my mobile phone” first they would to enter the correct phone number and click on the Text button. Once they receive the text message with the six-digit code, they would need to enter that in the provided box and click on the Next button



Get back into your account

verification step 1 > verification step 2 > choose a new password

Please choose the first contact method we should use for verification:

Email my alternate email

Text my mobile phone

Call my mobile phone

In order to protect your account, we need you to enter your complete mobile phone number (*****29) below. You will then receive a text message with a verification code which can be used to reset your password.

Text

[Cancel](#)

- The user will then need to verify their account using their alternate email address by clicking on the Email button, enter the six-digit code that is emailed to them, and then clicking the Next button



Get back into your account

verification step 1 ✓ > verification step 2 > choose a new password

Please choose the second contact method we should use for verification:

Email my alternate email

You will receive an email containing a verification code at your alternate email address (cl*****@gmail.com).

Email

[Cancel](#)

- On the next screen the user can enter their new password and click the Finish button



Get back into your account

verification step 1 ✓ > verification step 2 ✓ > **choose a new password**

* Enter new password:

* Confirm new password:

Finish Cancel

- The user will receive this message verifying that the password has been changed

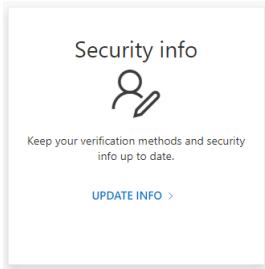


Get back into your account

✓ Your password has been reset

Changing Password Reset Information

- The user will need to login to Office365 through <https://MyLMU.lmunet.edu> and click on their picture in the top righthand corner of the window
- From the drop-down menu they will need to select View Account
- The user will then need to click on the UPDATE INFO under Security Info



- The user can then click Change next to each method they want to update
- The user will enter the new information and then verify it by entering the six-digit code that is either emailed or texted to them